

# Guidance for Worshippers/Members/Visitors

## MUST be adhered to from 5th October 2020

### Before Visiting you MUST consider the following

- **DO NOT VISIT** if you, or anyone you have been in contact with, have any of the following COVID19 symptoms:
  - A new, continuous cough - this means you've started coughing repeatedly,
  - High Temperature - you feel hot to touch on your chest or back,
  - Loss of Sense/Smell - if you cannot smell/taste, or things smell or taste different to normal
- Vulnerable people as defined by the NHS guidelines, including those over 70 years of age are recommended NOT to attend.
- Face coverings are mandatory unless you have a legitimate reason not to wear one as advised by NHS guidelines.
- Members are restricted to Maha Ashtami (24th Oct) and Maha Nabami (25th Oct) only and as per pre-booked slots. during festival days (from 22nd Oct to 26th Oct 20).

### During your visit you MUST do the following

- Follow the one-way system indicated inside the Hall.
- 2m social distancing will be mandatory between individuals and householders/support bubbles. This may be reduced to 1m during busy periods.
- Members of one Household or support bubble MUST stay together, including children.
- Wash hands when entering the worship hall with provided anti-bacterial hand wash for at least 20 seconds as per NHS guidelines.
- Provide your personal details immediately after washing hands upon entry by filling in the provided registration slips (optional but recommended). For families/support bubbles just one of the family member details is acceptable. Alternatively, you may simply scan that NHS Track and Trace QR code using the NHS Covid-19 App.
- 1m spaced squares will be marked on the main floor area to aid social distancing. Two complete empty squares are to be maintained between individuals or householders/support bubbles, reduced to one square during busy/festival days.

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- Do not stay for longer than necessary. Only stay as per your booked slot (maximum of 10 minutes during festival time)
- Keep to the left when walking down any lobbies or hallways.
- Prasadam must be collected and dropped off at the dedicated Prasad point.
- Do not touch any Murtis when doing darshan.
- Do not touch any property belonging to others.
- When doing Pratima darshan, you MUST remain standing (namaskar style, no kneeling down or forehead touching the floor).
- Do not use any Bells/Gongs/Instruments.
- If during your visit you start to feel unwell with COVID symptoms, you MUST inform any member of trustee/volunteer to identify yourself and IMMEDIATELY return to your home to self-isolate as per government advice.